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East Whittier City School District

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14535 E. Whittier Blvd., Whittier, CA 90605 • (562) 907-5900 FAX (562) 945-6062 • Website www.ewcsd.org

August 1, 2010

Dear Parents and Guardians:

The Nutrition Services Department would like to welcome you back to school. We look forward to making mealtime fun for your child. Students are making a healthy life-style choice when they eat the school lunch. The meals are designed to provide 1/3 of a student's daily Recommended Dietary Allowance for protein, calcium, iron, vitamin A, vitamin C, and calories. The foods selected for the school lunch program contain whole grains, less than 30% calories from fat, and no trans fats. A variety of fresh fruits and vegetables are served, including cucumbers, baby carrots, broccoli, tomatoes, jicama, salad greens, tangerines, grapes, bananas, apples, and oranges. Meals are designed to be fun, appeal to children, and introduce students to a wide variety of healthy food choices. Each lunch contains an entrée, a vegetable, a fruit, bread and milk. Students have the option to select 3, 4, or 5 food items each day.

Parents who would like to pay for meals online before school begins may go to <http://www.mySchoolBucks.com> (you must know your child's PIN number). Students using the school's *Pre-Payment Envelope* will be able to purchase any amount of meals beginning on the first day of school. **Checks are not accepted.** Please remember that **money owed to the cafeteria for the previous year remains on your child's account, and must be paid.** The purchase of prepaid meals is recommended by your Principal since it helps speed up the lunch line. This gives your child more time to eat. Students may also bring cash each day for meals. **Be sure to send exact change.**



CHECKS ARE NOT ACCEPTED	FULL PRICE MEALS				REDUCED PRICE MEALS			
	5 meals	10 meals	15 meals	20 meals	5 meals	10 meals	15 meals	20 meals
Elementary Lunch	\$ 7.50	\$ 15.00	\$ 22.50	\$ 30.00	\$ 2.00	\$ 4.00	\$ 6.00	\$ 8.00
Elementary Breakfast	\$ 5.00	\$ 10.00	\$ 15.00	\$ 20.00	\$ 1.25	\$ 2.50	\$ 3.75	\$ 5.00
Middle Lunch	\$ 8.75	\$ 17.50	\$ 26.25	\$ 35.00	\$ 2.00	\$ 4.00	\$ 6.00	\$ 8.00
Middle Breakfast	\$ 6.25	\$ 12.50	\$ 18.75	\$ 25.00	\$ 1.25	\$ 2.50	\$ 3.75	\$ 5.00

Please be aware that neither the school office nor the cafeteria will lend lunch money to students. Students who forget money will be fed, and the meal will be charged to the child's account.

If your child was receiving free or reduced price meals last June, he/she will receive the same benefits during the grace period (September only). This gives ample time to fill out the new Tan application for the 2010-2011 school year. **We must receive the new application by September 30, 2010** in order for your child to continue receiving free or reduced price meals. Beginning on October 1st, your child will be charged \$1.50 for lunch and \$1.00 for breakfast each day until a new application is received. (Middle school lunch \$1.75; breakfast \$1.25).

Please fill out only ONE application per household no matter how many children are in your family or how many different schools they attend in the East Whittier City School District. If you have already received a letter stating that your child has been *Direct Certified* to receive free meals, please do not send in the application.

Mail or bring application to: Nutrition Services
14535 E. Whittier Blvd., Whittier, CA 90605

Sincerely,

Director of Nutrition Services

EAST WHITTIER CITY SCHOOL DISTRICT

LETTER TO HOUSEHOLDS ABOUT THE NATIONAL SCHOOL LUNCH PROGRAM AND THE SCHOOL BREAKFAST PROGRAM FOR 2010-2011 SCHOOL YEAR

Dear Parent or Guardian:

The East Whittier City School District takes part in the National School Lunch and School Breakfast Programs. Meals are served every school day. Elementary school students may buy lunch for \$ 1.50 (Middle \$1.75) or breakfast for \$ 1.00 (Middle \$ 1.25). Eligible students may receive meals free or at a reduced price of \$.40 for lunch or \$.25 for breakfast. Students may also buy only milk for \$.30.

- **This district/agency participates in *Direct Certification*:** In a school participating in a meal program, your child is automatically certified to receive free meals, if your household currently receives Food Stamp (FS), or if your child receives California Work Opportunity and Responsibility to Kids (CalWORKs), Kinship Guardianship Assistance Payments (Kin-GAP), or Food Distribution Program on Indian Reservations (FDPIR) benefits. (See "HOW TO APPLY – FOOD STAMP BENEFITS" below.)
- A foster care child who is the legal responsibility of the welfare agency or ward of the court may be eligible to receive meals free or at a reduced price regardless of your income. Foster children must have a separate application from other children in your household, and their eligibility is based on their "Personal Use Income." (See "HOW TO APPLY – FOSTER CARE" below.)
- If you do not receive benefits automatically qualifying your child for free meals, you may apply for free/reduced-price meals for your child(ren). If your total **household** income is the same or less than the amounts on the income scale below, your child may receive meals free or at a reduced price. "Household" means a group of related or non-related individuals who are living as one economic unit and sharing **living expenses**. "Living expenses" include rent, clothes, food, doctor bills, and utility bills. (See "HOW TO APPLY – INCOME HOUSEHOLDS" below.)

HOW TO APPLY

FOOD STAMP, CalWORKs, KIN-GAP, and FDPIR BENEFITS — If your household receives Food Stamps (FS), or if your child receives CalWORKs, Kin-GAP, or FDPIR benefits, you **DO NOT COMPLETE A MEAL APPLICATION**. School officials will notify you of your child(ren)'s eligibility for free meals. If you are **not** contacted by (**insert date**) but think your child(ren) is/are eligible for free meals, please contact the school. You may need to complete an application.

FOSTER CARE CHILDREN or CHILDREN PLACED IN OUT-OF-HOME CARE — Complete a separate application for each child **who is the legal responsibility of the welfare agency or is a ward of the court**. Write the name of the child and the specific school the child attends. If the child receives personal-use income, list the amount of income. Personal-use income is (a) money given by the welfare office identified by category for the child's personal use, such as clothing, school fees, and allowances; and (b) all other money the child receives, such as money from family and earnings from full-time or regular part-time employment. **The foster parent or agency official must sign the application.**

(go to next column):

INCOME HOUSEHOLDS (wages, salary, pensions, etc.) — To apply for free or reduced-price meals for your child(ren), complete the attached **Application for Free and Reduced-Price Meals or Free Milk**, sign it, and return it to the school as soon as possible. The application cannot be approved unless it contains complete eligibility information. If you **do not** enter a FS, CalWORKs, Kin-GAP, or FDPIR case number for **each** student listed on the application, you must enter the following:

- The names of all school-age children in your household and the school(s) they attend
- The names of all other children in your household who do not attend school
- The names of all adults and other household members, the amount each person received last month, and the source of income
- The Social Security number of the adult household member who signs the application or indicate "none" if the adult does not have a Social Security number.

An application must be completed, with all household members and income listed, for a child who is living with relatives or friends, whether or not the child is a ward of the court.

An adult household member must sign the application.

*A household of one means a foster child, a child in out-of-home care, or a pupil who is his/her sole support.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). The USDA is an equal opportunity provider and employer.

CURRENT INCOME — The amount of income each household member received **last month**, before taxes or anything else is taken out, **and** where it came from, such as earnings, welfare, pensions, and other income. If any amount **last month** was more or less than usual, write the usual monthly income or project the annual income. To calculate monthly income: **Weekly x 4.33; every two weeks x 2.15; twice a month x 2.**

INCOME TO REPORT

EARNINGS FROM WORK	WELFARE CHILD SUPPORT ALIMONY	PENSIONS RETIREMENT SOCIAL SECURITY	OTHER INCOME
Wages, salaries and tips, strike benefits, unemployment compensation, workers' compensation, net income from self-owned business or farm	Public assistance payments, welfare payments, alimony, and child support payments	Pensions, supplemental security income, retirement payments, Social Security Income (SSI) (including SSI a child receives)	Disability benefits; cash withdrawn from savings; interest and dividends; income from estates, trusts, and investments; regular contributions from persons not living in the household; net royalties and annuities; net rental income; any other income

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) — Households participating in the FDPIR are categorically eligible for free meals or milk. The FDPIR is authorized by Section 4(b) of the Food Stamp Act of 1977. Under this section, eligible households may elect to participate in either the Food Stamp Program **or** the FDPIR. Since households are afforded the option to participate in either program, FDPIR households have been determined to receive the same categorical benefits as Food Stamp households.

SOCIAL SECURITY NUMBER — The application must have the Social Security number of the adult who signs it. If the adult does not have a Social Security number, write "none" or something else to show that the adult does not have a Social Security number. If a Food Stamp, CalWORKs, Kin-GAP, or FDPIR case number for the child is listed, or if the application is for a foster child, a social security number is **not** required.

APPLYING FOR BENEFITS — You may apply for benefits at any time during the school year. If you are not eligible now but your income goes down, you lose your job, your family size becomes larger, or you become eligible for Food Stamp, CalWORKs, Kin-GAP, or FDPIR benefits, you may submit an application at that time.

VERIFICATION — School officials may check the information on the application at any time during the school year. You may be asked to send information to prove your income, or current eligibility for Food Stamp, CalWORKs, Kin-GAP, or FDPIR benefits. Refer to the application for more detailed explanation.

MEALS FOR DISABLED — If you believe your child needs a food substitute or texture modification because of a disability, please contact the school. A child with a disability is entitled to a special meal at no extra charge if the disability prevents the child from eating the regular meal.

WIC PARTICIPANTS — If you currently receive benefits under the Special Supplemental Nutrition Program for Women, Infants, and Children—better known as the WIC Program—your child **may** be eligible for free or reduced-price meals. You are encouraged to complete an application and return it to the school for processing.

NONDISCRIMINATION — Children who receive free or reduced-priced meals must be treated in the same manner as those children who pay full price for their meals.

FAIR HEARING — If you do not agree with the school's decision regarding your application or the result of verification, you may discuss it with the school. You also have the right to a fair hearing. A fair hearing may be requested by calling or writing the following school official:

NAME: Assistant Superintendent Student Services
 ADDRESS: 14535 Whittier Blvd., Whittier, CA 90605
 TELEPHONE: (562) 907-5900

CONFIDENTIALITY — Family size, household income, and social security number information will remain confidential and will not be shared for any purpose. Information you provide will determine your child(ren)'s eligibility to receive free or reduced-price meals.

If you have any questions or need assistance in completing the application, please contact:

NAME: Nutrition Services Office
 ADDRESS: 14535 Whittier Blvd., Whittier, CA 90605
 TELEPHONE: (562) 907-5951

You will be notified by the school when your application has been approved or denied for free or reduced-price meals.

Sincerely,
Director of Nutrition Services

PLEASE ALLOW TEN (10) BUSINESS DAYS FOR PROCESSING OF YOUR APPLICATION.

EAST WHITTIER CITY SCHOOL DISTRICT

**APPLICATION FOR FREE AND REDUCED-PRICE MEALS
OR FREE MILK FOR SCHOOL YEAR 2010-2011**

COMPLETE AND RETURN THIS APPLICATION
TO THE SCHOOL

SECTION A. ALL HOUSEHOLDS COMPLETE THIS SECTION

FOR SCHOOL USE ONLY - ELIGIBILITY DETERMINATION		
HOUSEHOLD SIZE:	HOUSEHOLD INCOME: \$	
FREE:	REDUCED:	DENIED:
FREE with: FS / CalWORKs / Kin-GAP / FDIPIR		
TEMPORARY FREE UNTIL: (45 calendar days from date of determination)	Direct Certified as: H M R EP <input type="checkbox"/>	
DETERMINING OFFICIAL:	DATE:	2 nd Review:
VERIFICATION OFFICIAL:	DATE:	Follow-up:

STUDENT / CHILD INFORMATION					FOOD STAMP (FS), CALWORKS, KIN-GAP, OR FDIPIR BENEFITS		FOSTER CHILD		FOR SCHOOL USE ONLY
LAST NAME	FIRST NAME	SCHOOL NAME	GRADE	ROOM #	YES/NO	IF YES, ENTER CASE NUMBER BELOW:	YES/NO	IF YES, COMPLETE ONE APPLICATION PER FOSTER CHILD. ENTER CHILD'S MONTHLY PERSONAL-USE INCOME	STUDENT ID
1.									
2.									
3.									
4.									
5.									

If you entered a Food Stamp, CalWORKs, Kin-GAP, or FDIPIR case number for **each** child in Section A, or if this application is for a Foster Child and you entered his/her monthly personal-use income, skip Section B and complete Section C.

SECTION B. HOUSEHOLD MEMBERS AND THEIR MONTHLY INCOME (IF ANY)

(1) List all **adult household members**, regardless of income. (2) Indicate amount(s) and source(s) of income for those adult household members with income last month; (3) Enter any income received last month **by/for a child** from full-time or regular part-time employment, SSI, or Adoption Assistance payments; and (4) If amount last month was more/less than usual, enter the usual amount.

FULL NAME	GROSS EARNINGS FROM WORK BEFORE DEDUCTIONS, INCLUDE ALL JOBS	PENSION, RETIREMENT, SOCIAL SECURITY	WELFARE BENEFITS, CHILD SUPPORT, ALIMONY PAYMENTS	ANY OTHER MONTHLY INCOME	FOR SCHOOL USE ONLY: TOTAL MONTHLY INCOME
1.					
2.					
3.					
4.					
5.					

California Education Code Section 49557(a): Applications for free and reduced-price meals may be submitted at any time during a school day. Children participating in the National School Lunch Program will not be overtly identified by the use of special tokens, special tickets, special serving lines, separate entrances, separate dining areas, or by any other means.

Privacy Act Statement: National School Lunch Act (Section 9) requires that, unless your child's Food Stamp, CalWORKs, Kin-GAP, or FDIPIR case number is provided, you must include the social security number of the adult household member signing the application or indicate that the household member signing the application does not have a social security number. Provision of a social security number is not mandatory, but the application cannot be approved if a social security number is not provided or an indication is not made that the signer does not have such a number. The social security number may be used to identify the household member in carrying out efforts to verify correct information provided on the application. These verification efforts may be carried out through program reviews, audits, and investigations; and may include contacting employers to determine income, contacting the State's Employment Development Department or local welfare offices to determine the amount of benefits received, and checking the documentation produced by household members to prove the amount of income received. Reporting incorrect information may result in loss or reduction of the household's program benefits, or in administrative claims and/or legal actions against household members.

SECTION C. ALL HOUSEHOLDS READ AND COMPLETE THIS SECTION

I certify that all of the above information is true and correct and that all income is reported. I understand that this information is given for the receipt of Federal funds, that school officials may verify the information on the application, and that deliberate misrepresentation of the information may subject me to prosecution under applicable State and Federal laws.

SIGNATURE OF ADULT HOUSEHOLD MEMBER COMPLETING THIS FORM	TELEPHONE NUMBER	DATE
PRINTED NAME OF ADULT HOUSEHOLD MEMBER SIGNING THIS APPLICATION	SOCIAL SECURITY NUMBER (WRITE "NONE" IF N/A)	
ADDRESS		
CITY	STATE	ZIP CODE

SECTION D. CHILDREN'S RACIAL AND ETHNIC IDENTITIES (Optional)

1. Mark one or more racial identities: American Indian or Alaska Native Asian Black or African-American Native Hawaiian or Other Pacific Islander White

2. Mark one ethnic identity: Of Hispanic or Latino Origin Not of Hispanic or Latino Origin